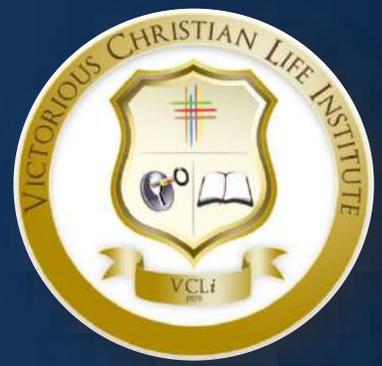


# BACHELOR'S DEGREE IN BIBLICAL COUNSELING

## Course Descriptions – Year 1



### **CNR 201 Counseling Resources in Literature I**

**3 credits**

Learn how to reflect who God is instead of rival Him; learn to live out your true identity in Christ; and learn about the freedom that comes from extending true forgiveness.



### **BIB 101 Old Testament – Law & History**

**3 credits**

All life-giving counsel emanates from one source - God. The VCL Institute Bible curriculum focuses on specific chapters and asks questions in a way to help the student consider and ponder the following: Who is God? What has God done? What is God doing? What will God do? As we study the Bible and grow in our knowledge of God, believers can discover who God made them to be, who they are now, and who they are becoming. This course covers the first 17 books of the Bible, from Genesis through Esther, referred to as the Law and History books.



### **BCE 101 Biblical Counseling Essentials**

**3 credits**

This class teaches essential topics on what God says about you according to Scripture and how to use these truths in a biblical counseling session.



### **BCN 101 Biblical Counseling Foundations**

**3 credits**

Experience group interaction while learning how to love those you are counseling by reflecting the Kingdom of God to them. Essential heart attitudes discussed are humility, unconditional love, being genuine and encouragement.



### **BCN 201 Fundamental Counseling Skills**

**3 credits**

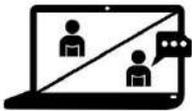
Practical communication skills for becoming an effective biblical counselor are presented in this course. How to ask good questions, speak clearly, and listen well are vital for all relationships.



### **SALT 101 Spiritual Area of Life Essentials**

**3 credits**

This class explores the concepts of living like Jesus instead of competing with God; walking in your true identity as a child of God; understanding the difference of walking after the Spirit vs walking after the flesh; and recognizing that man's acceptance is based on performance and God's acceptance is based on love.



### **IPC 101 Individual Personal Counseling - Spiritual**

**2 credits**

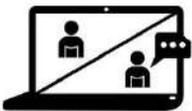
During this course you are personally counseled by your Faculty Trainer in the Spiritual area of life. This time will be transformational and life giving as you learn more about yourself and how God wants to use you for His purposes.



### **SALT 102 Psychological Area of Life Essentials**

**3 credits**

In this class you explore what to believe, where to focus, how to decide, and are taught how to get to the root causes of negative emotions and misbeliefs.



### **IPC 102 Individual Personal Counseling - Psychological**

**2 credits**

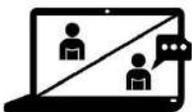
During this course you are personally counseled by your Faculty Trainer in the Psychological area of life. You learn to change your focus, renew your thinking, and replace misbeliefs with truth that sets you free.



### **SALT 103 Social Area of Life Essentials**

**3 credits**

In this class you learn how to deal with rejection and judging others. You will take steps to forgive those who have hurt you, which will set you free to express God's love.



### **IPC 103 Individual Personal Counseling – Social**

**2 credits**

During this course you are personally counseled by your Faculty Trainer in the Social area of life. Get healed from past hurts and rejection through true forgiveness. Learn to love others God's way instead of judging them.



### **BIB 201 Old Testament – Wisdom, Poetry & Prophets**

**3 credits**

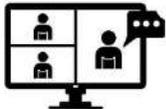
This class continues our studies of the Old Testament by exploring the Wisdom, Poetry and Prophet books. This course covers 22 books of the Bible from Job through Malachi.



### **BCN 202 Supplementary Counseling Tools**

**2 credits**

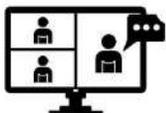
This course presents a structured, comprehensive method for conducting a counseling session with a client by using the Biblical Counseling Manual created by VCLi. It also provides helpful forms and tools to use during counseling sessions.



### **PPC 201 Peer Partner Counseling – Spiritual**

**2 credits**

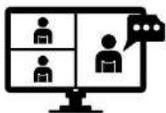
In this class you will practice counseling a student peer partner in the Spiritual area of life. A Faculty Trainer will supervise these sessions live and provide you helpful, instructive, and encouraging feedback.



### **PPC 202 Peer Partner Counseling – Psychological**

**2 credits**

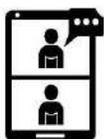
In this class you will practice counseling a student peer partner in the Psychological area of life. A Faculty Trainer will supervise these sessions live and provide you helpful, instructive, and encouraging feedback.



### **PPC 203 Peer Partner Counseling – Social**

**2 credits**

In this class you will practice counseling a student peer partner in the Social area of life. A Faculty Trainer will supervise these sessions live and provide helpful, instructive, and encouraging feedback.



### **BCC 201 Biblical Client Counseling – Spiritual**

**3 credits**

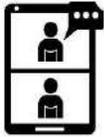
In this class you counsel a client (someone that you know personally or an acquaintance) in the Spiritual area of life using the skills and tools you've received during your program. A Faculty Trainer will listen to recordings of these sessions and provide helpful, instructive, and encouraging feedback.



### **BCC 202 Biblical Client Counseling – Psychological**

**3 credits**

In this class you counsel a client (someone that you know personally or an acquaintance) in the Psychological area of life using the skills and tools you've received during your program. A Faculty Trainer will listen to recordings of these sessions and provide helpful, instructive, and encouraging feedback.



### **BCC 203 Biblical Client Counseling – Social**

**3 credits**

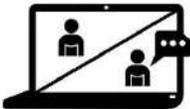
In this class you counsel a client (someone that you know personally or an acquaintance) in the Social area of life using the skills and tools you've received during your program. A Faculty Trainer will listen to recordings of these sessions and provide helpful, instructive, and encouraging feedback.



### **SALT 104 Physical Area of Life Essentials**

**3 credits**

This class teaches you what God says about your body, His plan for you, and how to deal with any roadblocks that keep you from enjoying the body God gave you.



### **IPC 104 Individual Personal Counseling – Physical**

**2 credits**

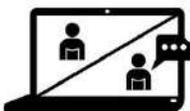
During this course you are personally counseled by your Faculty Trainer in the Physical area of life. Experience freedom from the bondage of feeling fearful, anxious and depressed as you learn how to stay within God's boundaries.



### **SALT 105 Financial Area of Life Essentials**

**3 credits**

Four things you can do with money – earn, give, spend, and invest – are covered in this class. You also learn tools for debt elimination and budget planning.



### **IPC 105 Individual Personal Counseling – Financial**

**2 credits**

During this course you are personally counseled by your Faculty Trainer in the Financial area of life. You will learn how to be faithful with the money God has giving you by earning, giving, spending, and investing God's way.

